#### Praise from Users

"An invaluable guide for making clothes and lingerie that fit a real body rather than the measurement system of standard commercial patterns. The instructions are clear and provide many tricks for a person fitting herself." Joan Vinall

"McCunn's books are a valuable addition to any collection of Sewing and Craft books. His instructions are so carefully thought out, thorough, easy to follow, and well illustrated that anyone making lingerie will benefit from them."

Carol Hillegas

"McCunn's approach enabled me to make well-fitting and supportive bras and swimsuits for my unusual figure." Kathryn Raike-Panuline

"McCunn explains the WHY of pattern making not just the HOW, so I have learned concepts as well as practical skills, and when I am drafting, I actually understand the process instead of just following instructions by rote. Using his bust sling design to make bras that fit me perfectly because they are tailored to my exact shape is both liberating and empowering."

#### Carol Utau

"McCunn's method, a culmination of many years experience, has helped many people, including me, in learning to draft and sew. His instructions are clear and straight to the point."

#### Rudaina Sumrein

"It's nice to know that even a beginner sewer's experiences can be useful. Bras have been a constant source of angst for me for many, many years. Now, even though I am a beginning sewer, I get good fit, adequate support, ease of care, better skin health, and a great nursing bra for a very reasonable price."

#### Kenna Heaton

"In competitive swimming, the swimmer needs to focus on the clock, not fret over potential exposure. McCunn's custom fit bikini gives me that confidence, making me a faster swimmer. It also fits me better than any previous bikinis. I recommend it for anyone with an excuse to wear a swimsuit!"

#### Jenifer McAtee

"The most comfortable panties I've ever worn!" Deborah Castle

"McCunn's books are amazing, I have them and recommend them to everyone."

Jane Ann Butters

**Design Enterprises of San Francisco** 1007 Castro Street San Francisco, CA 94114

# To Make Custom-Fit Lingerie Don McCunn R MO Bras

**NEW 2017** 

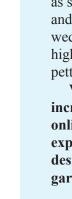
author of the classic How to Make Sewing Patterns

Design Enterprises of San Francisco. August 2017. 180p. illus. index.

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# The Ingram Book Company



# **NEW** 2017

How to Make Custom-Fit **Bras & Lingerie** 



**Don McCunn** author of How to Make Sewing Patterns

# From Library Journal

Veteran pattern designer and sewing instructor McCunn (How To Make Sewing Patterns) brings his considerable knowledge of fit and patternmaking to this guide to sewing bras and lingerie. Five different styles of bras, including bikini-style, bandeau, and athletic bras, are included, as well as a variety of bottoms, such as bikini briefs, thongs, and fitted briefs. Each section details fitting and measurement, as well as sewing instructions for both the basic design and variations. A final chapter on designing a wedding dress seems slightly out of place but highlights additional lingerie designs such as petticoats.

**VERDICT Bra and lingerie sewing is** increasing in popularity, especially in the online sewing community, and McCunn's expert advice will help experienced sewists design, fit, and sew their own foundation garments and swimwear.

Library Journal, October 1, 2017

Drawing on a decade's experience teaching online classes, this compendium of pattern making and sewing instructions by Don McCunn provides instructions for making five kinds of bras – conventional, bikini, bandeau, bust sling, and athletic – as well as fitted and bikini briefs and thongs; swimsuits and leotards. Furthermore, McCunn provides instructions for combining the bra with skirt patterns to make Empire-waistline sleepwear, tops, dresses, even wedding gowns.

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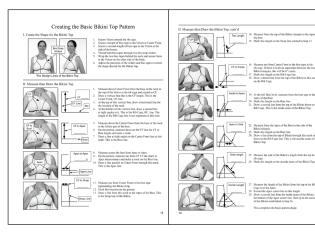
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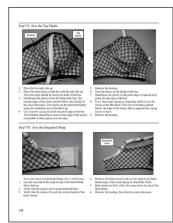
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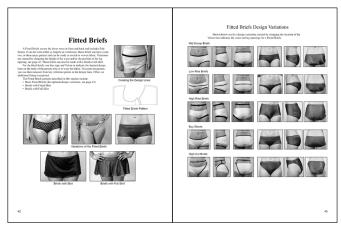
## Easy-to-Follow Pattern Making Instructions



## Detailed Sewing Instructions



# Numerous Design Variations



#### Bra & Brief Variations





Swimsuits





Bust Sling Bras

as Conventional Bras

Athletic Bras

#### Outerwear Variations

Adding a skirt allows the patterns to be used for outerwear that do not require a separate bra for support.





Sleepwear

Dresses



Wedding Dresses

Gowns

